



FMD Parent Page

About FMD Parent Page

This publication is for parents and guardians of Elementary Students served in FMD Classrooms. The information and opinions included are not necessarily those expressed by the Schools.

This publication is by parents for parents and will be published at various times during the school year.

Let's Get Together

You are invited to our first gathering this school year. We will be meeting to learn more about Special Olympics in Warren County. Neisha from Bowling Green Parks and Recreation will be with us to explain how things work and answer questions. Special Olympics is for children 8 and older with special needs.

We will meet at Natcher Elementary on Cave Mill Road. January 31, 2008 at 6:30 pm. We will not have childcare or a meal, but I do promise some chocolate! Beyond learning about our local Special Olympics I look forward to meeting you.

Meeting

January 31, 2008
6:30 pm
Natcher Elementary
Cave Mill Rd

Questions?
Call 843-8968
Or email
bgviolin@gmail.com

Special Olympics Info

January 31, Neisha of Bowling Green Parks and Rec will come and speak to us about

"Getting Started in Special Olympics"

Kids can participate in swimming, track and field, basketball, and cheerleading. Please mark your calendar to come to the meeting at Natcher Elementary, January 31, 2008 at 6:30pm.

Neisha can be contacted at 393-3480.

For more Special Olympics information go to

www.soky.org

Great Online Resource for Parents

From the Editor, Stacey Rose

I am always looking for a way to keep life organized. Adding children to life means I have more to organize! So, I have been trying to put some of the organizing into charts. Charts seem to be more fun than lists for kids.

Online I have found a website that lists tons of charts for a variety of needs.

www.chartjungle.com has charts I've never thought of making, and they are all free. Just print the chart on your home printer.

I find making the chart is much more fun than doing what I list on the chart, but that's something I will have to change for myself ☺

Website:

www.chartjungle.com

Take a Break...for Free!

One of the most amazing resources we have as families with special needs children is right next door in Barren County. Located near Barren River Lake is Barren Heights Christian Retreat Center, Inc. The campus was built for the primary purpose of hosting mini-vacation style retreats for families who have one or more children with a physical or developmental disability. The retreats are free for qualified families. Toni Rose, no relation to the editor, of Barren Heights says, "People have asked us why we built this place, and that is a fair question. To put it simply, we saw a need and wanted to do what we could to fill it. We have tremendous respect for parents and caretakers of children with disabilities - they are often physically taxed and emotionally drained in unique ways. We felt that those families could use a weekend getaway at a facility that was designed with their specific needs in mind. We have no hidden agenda, and simply want you and your family

to consider taking advantage of this opportunity to relax, refresh and rejuvenate near the scenic Barren River Lake."

Toni Rose is not kidding. My family and I have been to Barren Heights two years in a row and love going there! It is just what they advertise—free, relaxed, and family. My best description is that it is like a camping weekend but in a beautiful condo. I think it is like camping because you hang out with your family outdoors, but no one is cooking over the fire or doing dishes with a garden hose. The weekend is probably more for the parents and siblings than it is for the child with special needs. Everyone feels welcome and special at Barren Heights. My biggest enjoyment was knowing my special needs daughter was not an "extra task" for the volunteers. They asked for her to come, welcomed her with open arms, and helped me care for her the whole weekend.

Check it out:

www.barrenheights.org



Annalee, out on the boat at Barren Heights

Third Quarter Checklist

Now that you know I like to make charts, you are not surprised I have a checklist to share.

Third Quarter

Checklist:

- Ask FMD teacher about student's daily schedule
- Check that all IEP objectives are being worked on within the schedule
- Ask FMD teacher how you can help from home—"what can I practice with my child at home?"
- Make contact with the regular education teacher to see how things are going
- Ask FMD teacher about student's daily schedule
- Check that all IEP objectives are being worked on within the schedule
- Ask FMD teacher how you can help from home
- Thank your child's teachers for the great work they do each day.

Ideas?

Do you have information that needs to be included in the FMD Parent Page? I would love to include it in the next issue.

Just email me:
bgviolin@gmail.com

About the Editor

Stacey Rose has lived in Bowling Green for 21 years and is married with three girls. Her 9 year old, Annalee, is a special needs child. She attends Natcher Elementary. Stacey would love to get FMD parents together to increase Special Olympics participation.